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# early stage services

"Early stage" refers to people, irrespective of age, who are diagnosed with Alzheimer's disease or related disorders and are in the beginning stages of the disease. In this stage, they retain the ability to participate in daily activities and in a give-and-take dialogue.



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## EARLY DETECTION MATTERS

### KNOW the 10 SIGNS

- 1 Memory changes that disrupt daily life
- 2 Challenges in planning or solving problems
- 3 Difficulty completing familiar tasks
- 4 Confusion with time or place
- 5 Trouble understanding visual images and spatial relationships
- 6 New problems with words in speaking or writing
- 7 Misplacing things and losing the ability to retrace steps
- 8 Decreased or poor judgment
- 9 Withdrawal from work or social activities
- 10 Changes in mood and personality

## Alzheimer's Association Greater Illinois Chapter Early Stage Services

- Early Stage Support Groups
- Early Stage Education Programs
  - Just Diagnosed
  - Living with Alzheimer's Disease-Early Stage
- Early Stage Telephone Support Group

For information on these services, contact Stephanie Herro, Senior Manager of Support Services, at [sherro@alz.org](mailto:sherro@alz.org) or 847.324.0392.



### If you are concerned that you or someone you know is in the early stages of dementia:

- Speak with your primary care physician about your concerns.
- Visit [www.alz.org/illinois](http://www.alz.org/illinois) and click on "Early Stage Services" and "Education Programs" to get more information on support and education opportunities in your area.
- Call the Alzheimer's Association 24/7 Helpline at 1.800.272.3900 to speak with a licensed counselor or social worker.
- Schedule an Alzheimer's Association Care Navigation appointment with one of our licensed social workers.

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Greater Illinois Chapter

[www.alz.org/illinois](http://www.alz.org/illinois) | [alzil.mobi](http://alzil.mobi)

24/7 Helpline: 800.272.3900